

Forget The Gym – Locations and Meeting Points

Docklands Meeting Point

Please note our Summer Meeting Point – It is different from the Winter Location.

We meet at the driving entrance to the QPark which is linked to the Grand Canal Theatre. Qpark is on the side road that leads to the right of the Theatre in the direction of Pearse Street (chimney View).



The Red Star in the map below highlights our location



From Pearse Street : From Pearse Street (coming from the City Centre), pass the Macken Street Junction. Immediately after this junction there is a Pharmacy on your left. Take the side road that this Pharmacy, and at the end of the road (cul-de-Sac) you will see the Grand Canal Theatre and the QPark entrance. We meet at the QPark entrance.

From the Grand Canal Theatre : Stand in front of the main entrance to the theatre facing the red poles and the water. Directly to your right you will see a side road, and a sign for the QPark CarPark. We meet just at that sign.

Transport:

DART: Grand Canal Dock and Pearse St DART Stations are both less than 10 minutes walk from meeting point.

Bus : A series of buses pass along Pearse Street on the way to Ringsend and Sandymount. Meeting point is 1 minutes walk from the bus stop.

Parking : On Macken Street and Pearse Street there is Pay Parking on the Street. Much of this is free after 6.30pm. Car Parks also exist in the area on Macken Street.

LUAS : Spencer Dock and Mayor Square on the red line are less than 10 mins walk.

For any further details, contact Mary on :
(086) 239 1987 or Mary@ForgetTheGym.ie